



T U C K F E S T



FRIDAY

COMPS

- 5 2:00 pm Deep Water Solo: Seeding
- 7 5:00 pm Registration & Packet Pick-up Opens
- 7 5:00 pm Athlete Zone Opens
- 2 6:30 pm Short-Bike World Championships
- 7 8:15 pm Registration & Packet Pick-up Closes
- 7 8:15 pm Athlete Zone Closes
- 10 8:30 pm 5K Night Trail Race

EXPOS

- 11 1:00 pm All Levels Flow
- 11 2:30 pm Slow Flow Yoga
- 11 4:00 pm Power Flow Yoga
- 1 4:00 pm Vendor Village Opens
- 2 4:00 pm Aerial Yoga
- 2 4:30 pm The Ale-chemy Lab
- 9 6:00 pm Mountain Bike Skills Lab
- 6 6:00 pm Introduction to Top Ropes Belay
- 11 6:30 pm Fun Flow Yoga
- 1 8:00 pm Vendor Village Closes

MUSIC

- 4 7:00 pm J & THE CAUSEWAYS
- 9:00 pm THE 502s

SATURDAY

COMPS

- 7 6:30 am Registration & Packet Pick-up Opens
- 7 7:00 am Athlete Zone Opens
- 10 8:00 am Tuck Fest Half Marathon
- 6 8:30 am Bouldering Competition
- 15 9:00 am Boatercross: Seeding
- 13 10:00 am Flatwater SUP Race
- 10 12:00 pm Youth Trail Race
- 8 1:00 pm Baker's Dozen Kayak Race
- 8 1:30 pm Half Dozen SUP Race
- 10 2:00 pm Family Adventure Race
- 7 2:00 pm Registration & Packet Pick-up Closes
- 5 3:30 pm Deep Water Solo: Finals
- 7 6:00 pm Athlete Zone Closes

EXPOS

- 9 9:00 am Kayaking Roll Clinic
- 11 9:00 am Power Flow Yoga
- 3 9:00 am Tail Trail
- 10 10:00 am Introduction to Slackline
- 1 10:00 am Vendor Village Opens
- 1 10:30 am Teva Shakeout Run
- 9 11:00 am SUP Yoga
- 12 11:00 am All About Owls
- 11 11:30 am Open Level Flow Yoga
- 6 12:30 pm Women's Climbing
- 11 1:00 pm Kids Yoga
- 2 1:00 pm Bee Curious
- 14 1:00 pm Introduction to Slackline
- 2 2:00 pm Aerial Yoga
- 11 2:30 pm All Levels Flow
- 6 3:00 pm Partner Rescue
- 1 3:30 pm Teva Guided Trail Hike
- 12 3:30 pm Nature Quest
- 11 4:30 pm Acro Yoga
- 11 6:00 pm Slow Flow Yoga
- 1 8:00 pm Vendor Village Closes

MUSIC

- 4 5:30 pm CAITLIN KRISKO & THE BROADCAST
- 7:15 pm KRUSE BROTHERS
- 9:00 pm SHANE SMITH & THE SAINTS

SUNDAY

COMPS

- 7 7:00 am Registration & Packet Pick-up Opens
- 7 7:00 am Athlete Zone Opens
- 13 8:30 am Swim the Ford
- 10 8:30 am Tuck Fest Cross Country MTB Race
- 13 10:00 am Flatwater Kayak Race
- 10 11:00 am Tuck Fest 10K Trail Race
- 10 11:15 am Tuck Fest 5K Trail Race Presented by TEVA
- 15 12:30 pm Boatercross: Finals
- 10 1:30 pm Youth MTB Race
- 5 3:30 pm Tuck Fest Aqua Rock
- 7 3:30 pm Registration & Packet Pick-up Closes
- 7 4:00 pm Athlete Zone Closes

EXPOS

- 11 9:00 am Slow Flow Yoga
- 10 10:00 am Introduction to Slackline
- 2 10:00 am The Science of Exercise
- 1 10:00 am Vendor Village Opens
- 1 10:30 am Teva Guided Trail Hike
- 12 11:00 am Animal Habitats
- 8 11:00 am SUP Yoga
- 11 11:30 am Open Level Flow Yoga
- 11 1:00 pm All Levels Flow
- 12 1:00 pm Create & Play Percussion
- 14 1:00 pm Introduction to Slackline
- 12 2:00 pm Big Bang Boom Kids Music
- 11 2:30 pm Power Flow Yoga
- 8 3:00 pm Learn to Raft Guide
- 1 3:30 pm Teva Guided Trail Hike
- 12 3:30 pm Built to Survive
- 11 4:00 pm Beginner Yoga
- 11 5:30 pm Acro Yoga
- 1 6:00 pm Vendor Village Closes

MUSIC

- 4 3:00 pm CRIS JACOBS
- 5:00 pm CLAY STREET UNIT

